



*Your guide to sourcing locally made and grown for your holiday spread*

Ooh! What about a **Columbia Valley Lavender** display or centerpiece from *Radium*!?

The growing season is winding down and farmers' markets have closed for the year, but there is still a lot in-season and in abundance in the Columbia Valley.

As you plan your holiday meal with family and friends, we encourage you to think local. Whether it's choosing to feature grassfed beef on your menu, local preserves on a charcuterie board, or local spirits for a toast to good health, this fall we want you to eat and drink Columbia Valley!

- Your friends at



For cheeses, meats, preserves, vegetables, and dips, visit any of these local purveyors and retailers to build your charcuterie platter.

**AG Valley Foods** - 906 7th Avenue, Invermere - They support a lot of local makers and growers! Look for their Buy BC and locally made tags and labels.

**Beeland Market** - 976 Highway 95, Spillimacheen - A well-curated and licensed gourmet market. They have quality meats, cheeses, and preserves.

**Circle Market** - 926 7th Avenue, Invermere - Bulk nuts and dried fruit, gluten-free options, local produce and vegan dips and spreads.

**From Scratch: A Mountain Kitchen\*** - 5019 Fairmont Resort Road, Fairmont Hot Springs - Delicious and creative housemade spreads and preserves.

**Konig** - 1210 7th Avenue, Invermere - Wild game products and quality sausage and cured meats.

**Saunders Family Farm** - 109 Industrial Road #2, Invermere - Beautiful pre-made charcuterie platters and housemade preserves.

**Schöni Artisan Woodfired Bread** - 1650 Johnston Rd #5, Invermere - Pair your charcuterie and crudité with thoughtfully prepared and authentic woodfired bread. They are now online order only with pickup from their hearth on Friday afternoons.



Pasture-raised and free-range turkeys are more flavourful, juicy, and nutrient-packed than their factory-farmed counterparts. Our local abattoir is not licensed for processing poultry, which is why you'll have to look beyond the Columbia Valley for sourcing pasture-raised birds for your holiday spread.

**Chuckureese Abbattoir** - Creston  
**Kootenay Natural Meats** - Creston  
**Winters Turkeys** - Calgary

To feature a traditional ham on your table, we recommend sourcing pastured bone-in ham from **Cutter Ranch** in Fort Steele or **Ki Mana Acres** out of Creston.

You could also choose to honour the history of ranching in the Valley with local, grass-fed beef and bison. We recommend ordering from **J2 Ranch** in Canal Flats or **Bugaboo Ranch** in Brisco.

Vegan? Vegetarian? We see you! We are firm believers that a protein does not need to be replaced and an unreal spread of vegetables makes a wonderful meal on its own. We love Bon Appetit's recipe guide for a meatless Thanksgiving found [here](#).

*\*Be sure to ask businesses with asterisks for more information on their premade holiday meal menus and boxes.*



From winter squash and root vegetables to onions, and garlic, you can design your menu to source all of your vegetables locally.

**Edible Acres** - 1681 Highway 93/95, Windermere - Thanksgiving is their last open weekend, so stock up on all their organic produce and farm fresh soups before they close for the winter.  
**Flyway Market** - 970 Highway 95, Spillimacheen - Tucked behind the famous Spilli Station Café\*, this market has a little fridge with hyper local and fresh produce (and lots of other amazing, local artisan wares).  
**Homestead Harvest** - 2331 13th Avenue, Invermere - This little farm stand is open as long as the frost stays away. In addition to delicious produce, they also have some creative dehydrated spices and mixes made on farm.  
**Hopkins Harvest\*** - 1645 Highway 93/95, Windermere - They directly source from farms across BC, for fresh produce, meat, dairy, eggs, and other value-add goods they sell direct from their roadside store.  
**Old Blue Truck Farm** - 1076 Swansea Road, Windermere - Their farm stand is open seven days a week into mid to late October. Check out their amazing heirloom garlic varieties!



**Invermere Bakery** - 1305 7 Ave, Invermere - Pies, cakes, and other sweet treats.  
**Mama Bear Bakery** - 7585 Main Street West, Radium - Taking pre-orders for pies and dinner rolls.  
**Stolen Church Gelato** - 1045 7th Ave, Invermere - You know it's good!  
**Wild Mountain Chocolate** - Invermere - Ethically sourced and locally made. Sold at retailers across Columbia Valley.

*Already listed AG Valley Foods, Beeland Market, Edible Acres, From Scratch, and Hopkins Harvest will also have desserts worth saving room for.*



**Arrowhead Brewing Company** - 481 Arrow Road, RR#2, Invermere - Available for sale on site or from BC Liquor Stores in Invermere, Radium, and Golden.  
**Pommier Ranch** - East Kootenay - Amazing local meade! Available for purchase across the Columbia Valley in BC Liquor Stores in Invermere, Radium, and Golden.  
**Taynton Bay Spirits** - 1701 6 Ave, Invermere - Array of spirits for fun Thanksgiving cocktails, with vodka distilled from Columbia Valley wheat.